

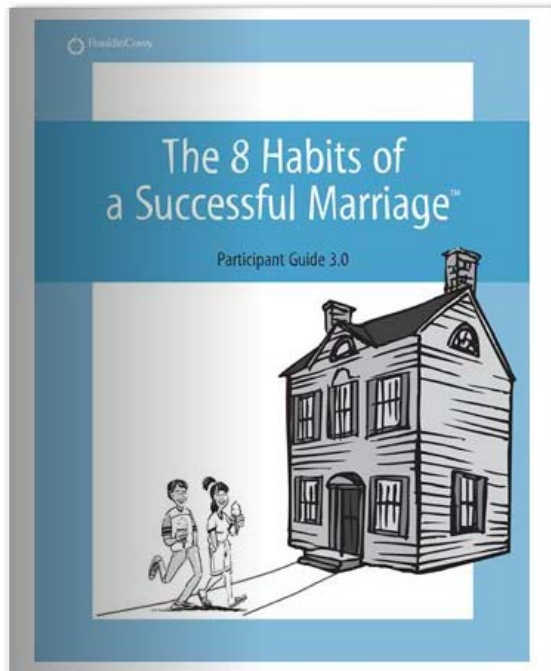
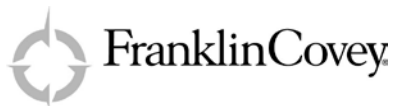
## Train the Facilitator: The 8 Habits of a Successful Marriage

A two-day certification opportunity taught by Dr. John Covey.

Monday, September 20<sup>th</sup>, 9:30 am – 4:30 pm

Tuesday, September 21<sup>st</sup>, 9:30 am – 4:30 pm

\$50 tuition (a \$600 value!)



*The 8 Habits of a Successful Marriage* workshop offers a framework for applying a universal, self-discovery approach that enables couples to communicate about their problems and successfully resolve them. The program series is based on Dr. Stephen R. Covey's #1 best-sellers *The 7 Habits of Highly Effective People* and *The 8th Habit*. This program has proven successful in helping thousands of couples strengthen their marriages and families.

### About the Course

*The 8 Habits of a Successful Marriage* workshop series consists of 12–14 hours of curriculum that is taught in a two-day, facilitator-led workshop. The Indiana Institute for Strengthening Families Conference and the "Hoosier Commitment: Parents TWogether for Indiana Families" program is making available certification training for local leaders wanting to implement this program in their communities.

As a certified 8 Habits trainer, you will learn to help couples:

- Clearly define their vision as a family unit.
- Build a common sense of purpose, values, and goals.
- Learn a process to accomplish family goals.
- Discover how to achieve better communication as partners.

It's easy to fall victim to the false notion that marriage doesn't matter. On the contrary, it does. The fact is, healthy marriage is associated with better health for men, women, and children; better performance in school for children; greater professional success for men; and dramatically lower rates of abuse for women. Yet our society continues to be plagued by one in every two marriages ending in divorce.

## What You Will Receive:

- A comprehensive and easy-to-read guidebook
- Award-winning videos
- An interactive, idea-filled family calendar
- Thought-provoking experiential activities
- A healthy balance of principles, values and skills that build strong commitment, high-trust character, effective communication and unselfish companionship.

## Core Competencies You Will Help Couples Develop:

### Problem Solving

- Apply an “Inside-Out Approach” to problem solving and goal creation
- Resolve differences in marriage and family relationships by creatively cooperating together
- Focus on strengths, not weaknesses
- Deepen friendship and intimacy

### Trust

- Build a better work/life balance
- Build and re-build relationships of trust and love at home and in their families
- Become more effective in raising emotionally healthy and empowered children
- Build family traditions, unity, and a “nurturing family culture”
- Practice forgiveness

### Listening Skills

- Build the skills of Empathic Listening and Synergy
- Individually commit to becoming a nurturing “transition person” in the home and family

*The “Hoosier Commitment: Parents TWOgether for Indiana Families” project is funded by a grant from the US Administration for Children and Families, US Department of Health and Human Services under a Section 1115 Waiver from the Social Security Act through the Indiana Department of Child Services and is administered by the Indiana Family Institute for Marion and Hamilton Counties.*

